

A silhouette of a woman in tactical gear, including a vest and knee pads, holding a rifle. She is standing in a field with tall grass, looking down. The background is a sunset or sunrise with a bright sun low on the horizon and a cloudy sky in shades of orange and yellow.

# THE HEROINE'S QUEST

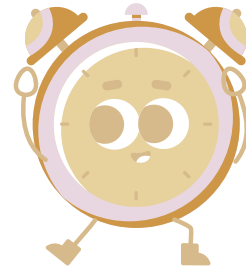
**A Tarot and Astrology Offering to  
Support Your Path Through Venus Retrograde**

*Navigate deep shifts with clarity, confidence, and way less drama.*

Angela Freebird. Astrologer. Habit Strategist



# Limited time offer



**Sign up  
on or before  
Friday, March 14**





*What is true is already so.*

Owning up to it doesn't make it worse.

Not being open about it doesn't make it go away.

And because it is true,

It is what is there to be interacted with.

Anything untrue isn't there to be lived.

*People can stand what is true for  
they are already enduring it."*

–Eugene Gendlin

Eugene Gendlin (1926–2017) was a philosopher and psychologist who developed Focusing, a mind-body technique for accessing deep self-awareness and emotional healing.





*Hello! Angela Freebird here.*

I've been reading tarot for years—it's my daily spiritual practice of 2025 and my trusted tool along with my astrological chart (and my coaches!!) for navigating uncertainty.

This Venus Tarot Pull with spending time with my astrology chart was a huge gift to myself this past weekend, and I knew I had to offer it to others.

This very personalized offering will support you in navigating this powerful retrograde —**with clarity, confidence, and way less drama.**



# WHY VENUS RETROGRADE IS A BIG DEAL



Venus went retrograde March 1, 2025, she is going to be traveling backward from Aries into Pisces.

When she's in Aries it is a rare 8-year cycle that's all about **BRAVELY showing up to** review, reboot, re-imagine, RECLAIM and renew our habits based on our unique values around pleasure, love, and beauty.

*It's also about permission to receive. to love who  
and how we love.*

*and*

*to take in life's beauty and ease without guilt.*

➔ **HOW STRONGLY THIS RETROGRADE (AND MONTH OF MARCH) LANDS  
FOR YOU DEPENDS ON WHERE ARIES AND VENUS SIT IN YOUR CHART.**

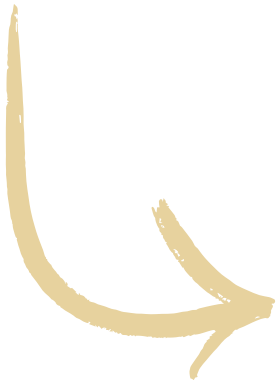
# THE HEROINE'S QUEST - WHAT IT IS

## THE SHORT VERSION

**The Heroine's Quest** is a 90-minute tarot reading, guided by your astrological chart, to reveal where and how this Venus Retrograde review is showing up for you.



This strategy reading **includes practical TOOLS** to establish solid actions you can take to support your Aries Bravery and Courage moving through this Fierce Time.



**You'll leave with one practical, personalized habit strategy to help you integrate what you uncover setting up REAL CHANGE instead of just reflection.**

**AND**

**INCLUDED is the option to Voxer chat with me for accountability and support every Friday until March 11. (PS- Friday is Venus' day!)**



## HERE'S WHAT IS INCLUDED - ALL THE DETAILS!



**A Recording to Revisit Anytime** – The session on Zoom is yours to keep, so you can listen back and track your unfolding journey, noticing how your insights evolve over the 40-day retrograde.



### **Tarot Reading of eight (or more) cards with my Kim Krans Archetype Deck**

A deep dive using a deck that taps into myth, symbolism, and the power of your personal story to change up patterns that are no longer serving.



**Your Venus Retrograde Map** – A breakdown of Venus in your chart. Is she your TimeLord this year? Where was she when you were born? Where is she retrograding in Aries back into Pisces in your chart? These layers completely customize how this retrograde impacts you in your personal journey QUEST.



**A PDF workbook with the steps of the Tarot Reading for notes and review during the QUEST.**



**A Simple, Aligned Habit Idea WITH A STRATEGY to Empower You Through the Retrograde.** Information is helpful however another human creating accountability and strategizing with you is the **magic**.



**BONUS. Voxer Fridays through April 11!** This is awesome accountability and support follow up with a voice app (free) called Voxer. I use this app with my coaches in Europe and my coach in Denver.

It is a VERY effective way to stay on track with new habits and intentions. This is a very cool BONUS should you need it on your QUEST!

*three options of investment - skip to page 10 of this PDF if you are ready!*

Opt. 1 is DIY. Opt. 2 is the above list. Opt. 3 has more live sessions

We'll be using the **Archetypes deck created by Kim Krans** and this is inspired by her magical workbook along with Joseph Campbell's Hero's Journey.



# THE HEROINE QUEST TAROT STEPS

- 1 The Summons** – You read this far? It's on. Venus Retrograde is calling you to reassess, realign, and upgrade something that no longer fits—whether it's a habit, a value, or a way of relating to yourself and others.
- 2 The Mentor** – A guide appears—perhaps as a book, a coach, a conversation, a tarot reading, or even your own intuition—offering the wisdom and support that shifts your perception just enough to move forward in your Quest.
- 3 Crossing the Threshold** – You face the obstacle that tries to keep you in old habits, testing your readiness to RISE to the occasion. Hint: You've met this trickster before. Same script, same bait—will you forge ahead, break the cycle, and claim your victory?
- 4 The Initiation** – As you move deeper into your journey, you prepare to face the fears and resistance that guard your next level of self-trust and alignment.
- 5 The Test** – A challenge that must be met, revealing the actions that will be most helpful as you move forward.
- 6 The Treasure** – Emerging from The Test, you uncover something within yourself that holds true value—an insight, a realization, or a deeper connection to what truly matters.
- 7 The Reckoning** – One final challenge presents itself—whether as an echo from the past or a test of your newfound clarity—asking you to stand firm in what you've learned before completing your quest.
- 8 The Sweet Elixir** – You don't just complete the quest—you bring something back. Whether it's insight, wisdom, or a shift in perspective, this is the part where you get to share what you've gained, offering a gift to those around you.



# WHY 8 WORKS SYMBOLICALLY



**Venus' Cycle** – Venus forms a five-pointed star over eight years, completing its full retrograde cycle.



**Transformation & Power** – In numerology, 8 represents balance, mastery, and karmic cycles, which fits Venus Retrograde's themes of review and realignment.



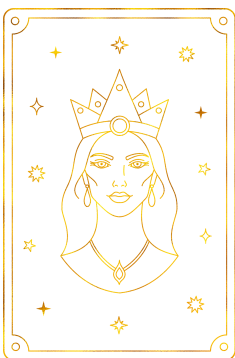
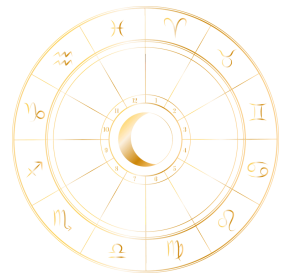
**Infinity & Flow** – The shape of 8 ( $\infty$ ) symbolizes cycles, endless growth, and evolution, mirroring the heroine's journey and the retrograde process.



**Tarot Connection:** The Strength card (VIII) in tarot is about inner resilience, self-trust, and taming the inner wildness—which fits the retrograde's themes of self-worth and value shifts.

## A FUSION OF FATE AND FREE WILL

Astrology reveals the When and Where  
Tarot reveals the How and Why



Astrology shows the cosmic timing and areas of life being activated while The Tarot helps you **engage with them consciously**, offering insight and confirmation into your choices and next steps.

# THE INVESTMENT - 3 OPTIONS

1

## DIY Quest \$88

**A SELF-GUIDED JOURNEY WITH TOOLS TO NAVIGATE VENUS RETROGRADE ON YOUR OWN.**

 **INCLUDED VIA EMAIL WITH VIDEO:**

- A mini pre-recorded reading (25-30 minutes) exploring Venus Retrograde in Aries through your astrology chart.
- A single tarot card pull for inspiration and reflection.

 **ALSO INCLUDED AND SENT VIA EMAIL:**

- A PDF workbook with the full Heroine's Quest tarot steps (deck not included).

2

## The Guided Quest \$222

A Live 90-minute Zoom session together INCLUDES:

- Live tarot pull of Eight+ cards with the Kim Krans Archetype Deck
- Astrology Chart Guidance during Zoom
- Recording of the session
- PDF workbook with the QUEST tarot steps for notes and insights along with picture of your astrological chart
- One aligned habit + solid strategy to integrate real change
- Voxer Chats on Fridays through March 11 for continued accountability and strategy tweaks as needed.

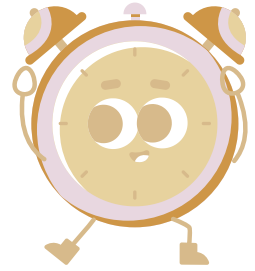
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## The Heroine's Deep Dive \$555

Everything in The Guided Quest PLUS:

- Three 1:1 live ZOOM astro Strategy Sessions to navigate MARCH/APRIL massive astrology shifts for more layered details about how they show up for you personally (The two eclipses, Neptune into Aries and Mercury Retrograde!)

# Limited time offer



**expires on Sunday March 9**

## **TO SIGN UP- CONTACT ME**

1

EMAIL ME AT

[Angela@AngelaFreebird.com](mailto:Angela@AngelaFreebird.com)

2


Text me at

(208) 720-7433

3

Go Old School and Call me

(208) 720-7433



# VENUS RETROGRADE... IT'S HUGE and How I Know firsthand



**HOW STRONGLY THIS RETROGRADE (AND MONTH OF MARCH) LANDS FOR YOU  
DEPENDS ON WHERE ARIES AND VENUS SIT IN YOUR CHART. FOR me... IT'S HUGE**

♀ Eight years ago (2017), Venus Retrograde set off events that completely changed my values around love and pleasure. I ended a marriage, lost my home and business, and rebuilt my life from the ground up.

**All for the sake of prioritizing deep physical connection. (Painful, yes. Worth it, YES)**

♀ Sixteen years ago, during Venus Retrograde in Aries (2009), my personal training business took a 60% nosedive—just one year after I had taken a massive leap to buy a commercial space for my new gym. That year forced me to confront my worth, my stress, and what I was willing to sacrifice to keep it all afloat. In the end, I realized—that sacrificing my mental peace wasn't a price I was willing to pay to hold on.

**That's when I found A Course in Miracles and began collaborating with what I now call my Divine Squad. (ps- I didn't lose anything other than the stress!)**

See the theme? Every 8 years, Venus in Aries shakes my foundation and forces a value reset in the ways I share my resources in relationships, my relationship to money and how I love and desire being loved.

And I'm not the only one—this retrograde (And MARCH) could be massive for you, too. Along with two eclipses, Mercury is also going retrograde and Neptune is changing signs from Pisces to Aries. It's about to get spicy.

March is a Massive Month of change and that is why I am offering this support to help you work with the fiery energy rather than getting burned.





# A REBEL'S TAKE ON GROWTH:

## Why I Never Go It Alone



One of my core values—one that has never wavered—is getting support through coaching.

I started therapy at 28 years old, waitressing at the time, and spent a quarter of my weekly income to get help with life-threatening addictions. When I hit the reboot on my life in 2017, starting over financially from scratch, I was tempted to cut coaching from my spending plan—after all, wasn't it "smart" to save my money for other things?

But choosing to invest in my mental and emotional well-being through coaching has been one of the most life-changing decisions I've ever made.

It has:

- Strengthened my ability to care for my physical body
- Helped me choose healthier relationships by changing how I show up
- Deepened my spiritual life
- Made me more discerning about what I truly value

Prioritizing mental health creates ripple effects that touch every part of life. Everyone's path is different, but I truly believe this: when you make your well-being a priority, it benefits you, your people, and the world at large.